

**ELITE BRAZILIAN JIU-JITSU OF WILMINGTON  
CLASS SCHEDULE**

**JANUARY 2018**

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
						10:00am - 11:00am Youth BJJ
						11:00am - 12:00pm All Levels Adult BJJ - Gi
						12:00pm Open Mat
3:30pm Open Mat						
	5:00pm - 6:00pm Youth BJJ - Gi	5:00pm - 6:00pm Youth BJJ - No Gi	5:00pm - 6:00pm Youth BJJ	5:00pm - 6:00pm Youth BJJ - No Gi		
	6:00pm - 7:00pm All Levels Adult BJJ - Gi	6:00pm - 7:00pm All Levels Adult BJJ - No Gi	6:00pm - 7:00pm All Levels Adult BJJ - Gi	6:00pm - 7:00pm All Levels Adult BJJ - No Gi	6:00pm Open Mat	
			6:00pm - 7:00pm Youth Muay Thai	6:00pm - 7:00pm Youth Muay Thai		
	7:00pm - 8:00pm Advanced Adult BJJ - Gi	7:00pm - 8:00pm Adult Muay Thai	7:00pm - 8:00pm Advanced Adult BJJ - Gi	7:00pm - 8:00pm Adult Muay Thai		
	8:00pm Open Mat		8:00pm Open Mat			

<http://www.bjjwilmington.com>